

# ***Jersey Colts Ice Hockey Club***

## ***2025 Conditioning Clinics***



***Sponsored by Lawscapes Land Design and Construction***

**The Jersey Colts Ice Hockey Club is offering conditioning clinics to prepare players for the upcoming 2025-2026 season tryouts. The clinics will feature one hour sessions that are designed to improve overall conditioning and skill development. A goalie coach will be on the ice to provide goalie instruction.**

**Cost: \$25 for pre-registered players, or \$30 on the day of the clinic. No refunds.**

**Clinics will be held at Twin Oaks Ice Rink, 65 Columbia Road, Morristown, NJ**

<p><b><u>Mite (2017-2020)</u></b>  <b>Monday, 3/17 - 5:45 to 6:45pm</b>  <b>Wednesday, 3/19 - 5:45 to 6:45pm</b></p>	<p><b><u>Bantam (2011-2012)</u></b>  <b>Tuesday, 4/1 - 7:00 to 8:00pm</b>  <b>Thursday, 4/3 - 7:00 to 8:00pm</b>  <b>Tuesday, 4/8 - 5:45 to 6:45pm</b>  <b>Thursday, 4/10 - 5:45 to 6:45pm</b></p>
<p><b><u>Squirt (2015-2016)</u></b>  <b>Tuesday, 3/11 - 5:45 to 6:45pm</b>  <b>Thursday, 3/13 - 5:45 to 6:45pm</b>  <b>Tuesday, 3/18 - 5:45 to 6:45pm</b>  <b>Thursday, 3/20 - 5:45 to 6:45pm</b></p>	<p><b><u>Midget 16 (2009-2010)</u></b>  <b>Tuesday 4/8 - 7:00 to 8:00pm</b>  <b>Thursday, 4/10 - 7:00 to 8:00pm</b></p>
<p><b><u>Pewee (2013-2014)</u></b>  <b>Tuesday, 3/11 - 7:00 to 8:00pm</b>  <b>Thursday, 3/13 - 7:00 to 8:00pm</b>  <b>Tuesday, 3/18 - 7:00 to 8:00pm</b>  <b>Thursday, 3/20 - 7:00 to 8:00 pm</b></p>	<p><b><u>Midget 18 (2007-2008)</u></b>  <b>Tuesday, 4/8 - 7:00 to 8:00pm</b>  <b>Thursday, 4/10 - 7:00 to 8:00pm</b></p>

**Please contact Nick Beatrice, Hockey Director for more information/questions.  
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